

The Starting Line

“Let me win; but if I can not win, let me be brave in the attempt.”
Visit our website at www.sosc.org click on programs and then Northern Santa Barbara

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<http://www.sosc.org/northernsantabarbara.html>

NEXT ISSUE: OCTOBER 2005

- REGIONAL GAMES
- FALL GAMES

REGIONAL GAMES

This years planning for regional games is really shaping up! We are still looking for volunteers to fill the following positions: Olympic Village, Soccer, Softball and Volleyball venues and the family/souvenir booth. Please call our office for more details on how you can be involved. 🌱

Fall Season in Review

Our teams are getting prepared for Fall Games this year. Fall Games are being held at CSU Fullerton once again and will be a one-day event. We will be sending teams to compete in Bowling, Cycling, Powerlifting, Soccer, and Softball. A separate volleyball venue will be during the month of November. With the new additions of a Lompoc cycling and soccer team, we hope to have a diverse set of athletes to send to Fall Games this year! 🌱

NEW LOMPOC SPORTS!

For many years Lompoc has offered bowling and softball as their only fall season sports. However, with the interest of some new parent coaches we will be offering cycling, floor hockey and soccer to the options.

We would like to welcome our new cycling, floor hockey and soccer coaches to our area program. Our new cycling coach, *Danny Aasland Sr.*, and the new floor hockey coaches are the mother and son duo, *Diana Anderson and Ronen Anderson* and finally the new soccer coaches are also *Diana Anderson and Ronen Anderson*.

Welcome new coaches and thank you to our returning coaches for devoting your time through the season to our athletes. 🌱

THANK YOU TO OUR COMMUNITY

Thank you to all our sponsors, you provide immeasurable assistance to the quality training for our athletes.

ATHLETE CORNER



**CHECK OUT THE
NEW LOMPOC
SPORTS!**

Bowling - Rancho Bowl, Sat. 1:30
– 3:00 pm, Aug. 13 - Oct 15

(L) Bowling – Ocean Lanes, Sat.
11:00 – 12:30 pm, Aug 13 - Oct 15

Cycling – Atkinson, Sat. 10:30 –
12:00 am, Aug 6 - Oct 15

NEW! (L) Cycling – Anderson Rec.
Sun. 1:00 – 2:30 pm, August 14 –
October 15

Soccer – Simas, Mon. 5:15 – 6:15
pm, Aug 15 - Oct 17

NEW! (L) Soccer – LVMS, Fri. 5:30
pm – 6:30 pm, Aug 12 – Oct 21

Softball – Simas, Tues. 5:00 – 6:15
pm, Aug 9 - Oct 18

Powerlifting – Atkinson, Sat. 9:00
– 10:00 am, Aug 6 - Oct 15
(Continued on page 2)

2005 TORCH RUN EVENTS

HARLEY DAVIDSON RAFFLE
BLACK CHERRY ROAD KING

The Harley Raffle will be held on September 15, 2005. Tickets are still available, to purchase, please call Howard Coolidge at ext. 361

2005 PLANE PULL



This years event was a huge success. We had participants from the local community and our Special Olympics athletes. We would also like to thank our sponsors and donors to the event.

For the 2005 Plane Pull Results, please call Lt. Wes Maroney at (805) 346-7432.

**Lompoc Police Department
and Special Olympics**
Present the
4th Annual Car Show

Huge Raffle!
350 "Crate" engine, air compressor, pedal cars, custom surfboard and much more!

**Saturday September 3rd, 2005
at Ryon Park in Lompoc, CA.**
For more information please call the Lompoc Police Dept. at 805-875-8101

**HOPE TO SEE YOU
THERE!**

(Continued from page 1)

(L) Softball - Ryon Park, Sat. 9:00 – 10:30 am, Aug 6 - Oct 15

Volleyball – Edwards, Mon. 7:00 – 8:30 pm, Aug 8 - Oct 17

(U) Volleyball – Edwards, Mon. 7:00 – 8:30 pm, Aug 8 - Oct 17

FLOOR HOCKEY

Practices begin October 21st through January 27th, Fridays from 6 – 7:30 p.m. at Edwards Community Center. In Lompoc, Sundays from 12:30 – 2:00 p.m. at Anderson Recreation Center.

Floor Hockey is a fast paced exciting sport that develops your hand-eye coordination and aerobic activity. It's a great post-fall and pre-winter sport! (See Insert)



San Diego Championships – Gold Medal Santa Maria Team (yellow)

LOMPOC POLICE DEPARTMENT and



Special Olympics Present
the 4th Annual Car Show

SATURDAY SEPTEMBER 3RD, 2005 AT RYON PARK

DOWNLOAD APPLICATION AT WWW.LOMPOCPD.COM OR CALL 805-875-8108



HUGE RAFFLE

350 "CRATE" ENGINE, AIR COMPRESSOR, PEDAL CARS, CUSTOM SURFBOARD AND MUCH MORE

FROM 9:00 AM TO 3:00 PM

LIVE BAND

COMMUNITY POST



We are looking for athletes to attend the City of Santa Maria's Centennial Time Capsule 2:00 p.m. The ceremony will take place at City Hall located at 110 East Cook Street. Please call Brian Zepeda for more information at 025 0051 ext 125

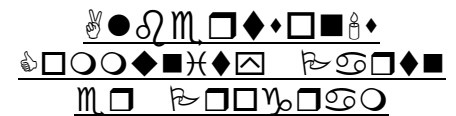
TRUCK CONVOY

September 24th at C&D Aerospace on Fairway Drive in Santa Maria. We want all athletes to come out and support our fundraiser for Northern SB. Event starts at 9:00 am – 1:00 pm, lunch will be served. Check out the website for more information or call Kanani @ 925-0951 ext. 157

http://www.specialolympics.org/Special+Olympics+Public+Website/English/Support/Truck_Convoy/default.htm



Do you have an idea for the Newsletter? Either it is updates in sports news or an athlete that you think should be highlighted. Let us know, call Kanani @ X157.



Donations can be made by using your preferred card. If you don't already have one please call our office for an application. If you do, you can complete an application to make a donation to NSB

⊕ Upcoming Events Calendar 2005 ⊕

September 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 LOMPOC CAR SHOW – RYON PARK
4	5	6	7	8	9	10
11 CITY OF SM - Centennial Time Capsule 2:00 pm @ City Hall	12	13	14	15	16	17
18	19	20	21	22	23	24 TOURNAMENT Soccer (SM/LO) SLO Powerlifting (SM) SB
25	26	27	28	29	30	

Expired Medical Forms

The following are athletes that have medical forms that will be expiring in the upcoming months. If your medical form expires, you will not be able to participate in the upcoming season's sports/events. Please call 925-0951 ext. 157 if you have any questions!

The following athletes Medical Forms will expire in SEPTEMBER 2005.

- Rudy Aguilera, Lisa Bravo, Tanya Perkins, Amy Snyder, Melinda Swan and Rose Wear.

The following athlete's Medical Forms will expire in OCTOBER 2005.

- Jesus De Luna, Jo-Lynn Nelson and Rhonda Weiner

Reminder: ATHLETES WILL NOT BE ALLOWED TO PRACTICE IF THE MEDICAL FORM HAS EXPIRED OR IS NOT UP TO DATE. PLEASE CALL OUR OFFICE FOR A BLANK MEDICAL FORM EARLY!

Tip: Coaches should have blank medical forms on hand to give to athletes that may expire before the season is over. For blank medical forms, please call Kanani at the SM office. 🌿

COACHES CORNER

The Northern Santa Barbara county would like to encourage all coaches to begin taking photos at all practices and tournaments. This will aid in a photo account of our athletes and the events that we participate in.

Also, we will be using those photos in the newsletter and potentially creating a disk or video with those photos to give to our athletes at the end of the year.

Think of it as a Special Olympics Yearbook *If you have any questions, please call Kanani at 925-0951 ext. 157.* Note: We can provide your team with disposable cameras that can be returned to the office to be developed. 🌿

*****Individuals and Coaches can request a blank medical form from Kanani in Santa Maria at 925-0951 ext. 157 or Michelle in Lompoc at 735-4418.*****

SEPTEMBER BIRTHDAYS

Alfonso Camarena, Lucero Cervantes, Jesus Damian-Puga, Jose Damian-Puga, Febrionio Diaz, Jessica Eppert, Elizabeth Estrada, Frank Flores, David Foster, Thomas Garcia, Michael Garfinkle, Victoria Giambalvo, Gil Gomez, Adilene Guerrero, Kathy Hallis, Matthew Hatfield, Theresa Haywood, Briana Henry, Brooke Henry, Tamra Kolkow, Kevin Kurz, Jonathan Leon, Rock Lopez, Margaret Lunde, Karen Martinez, Andy Mendoza, Donna Moore, Andrew Myers, Christopher Pereira, Kevin Peterson, Dean Pyoadue, Robert Rivera, Anna Rucobo, Robin Scheff, Marcos Taboada, Brittany Wickham and Bee Yang. 🌿

Don't forget, every athlete must have a current Special Olympics Medical form on file with the office in order to participate in Special Olympics activities!!!

Make sure you let us know when you have a new address or a telephone number change. This will help us to make sure you always receive important information.

Your Gift Makes a Difference

Special Olympics is a non-profit charitable organization. Your tax deductible donations help support our programs. In addition, they provide quality sports training to developmentally disabled athletes from the age of 8 on up. All your donations stay here in our local program.



Northern Santa Barbara County
Special Olympics
615 S. McClelland St.
Santa Maria, CA 93454

- I would like more information about Special Olympics.
- I am interested in becoming a volunteer.
- Here is a donation to help Special Olympics.
- I would like to sponsor and athlete.

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____

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RETURN SERVICES REQUESTED

**SHARE ME WITH
A FRIEND!**